# MY SURECLICK® RESOURCE A GUIDE TO SUPPORT YOUR **REPATHA<sup>®</sup> JOURNEY**

## YOUR PARTNER IN CARE, EVERY STEP OF THE WAY

This resource is intended to provide you with an overview and basic information about the SureClick autoinjector and does not replace the information in the Patient Medication Information leaflet. Please review the instructions for use included with your Repatha<sup>®</sup> prescription prior to performing your injection.

It is important that you do not try to give yourself the injection unless you have received training from your healthcare provider. If you have further questions, please contact your healthcare provider.







# **GETTING STARTED WITH YOUR** SURECLICK AUTOINJECTOR

This resource is intended to provide you with an overview and basic information about the SureClick autoinjector and does not replace the information in the **Patient Medication Information** leaflet that comes with your Repatha<sup>®</sup> prescription.

Please review the instructions for use included with your Repatha<sup>®</sup> prescription prior to performing your injection. If you have further questions, please contact your healthcare provider.

This resource may help you with questions about using the SureClick autoinjector.

See page 18 to learn how to access the SureClick injection demonstration video!

You can call the RepathaREADY® Patient Su NEED HELP? 1-888-Repatha (1-888-737-2842), Monday to F

GETTING

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### MPORTANT **Y INFORMATION**

### it Repatha.ca

# **GETTING STARTED AT HOME WITH YOUR SURECLICK AUTOINJECTOR**

When you prepare to use the SureClick autoinjector for the very first time, you may wonder if you're going to do it right.

You may have questions or feel uncertain about the process. Other patients feel the same. You are not alone.

There's a lot to learn, and you want to get it right. We're here to support you!

### Your Repatha<sup>®</sup> injection can become a familiar part of your regular routine – one injection, every two weeks.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.





With this resource and the online tools, **you can do this**. Now, let's get started!

Carefully review **My SureClick<sup>®</sup> Resource**, which offers additional helpful information just for you and your caregiver, including:

- **1.** Key injection steps
- **2.** Helpful tips
- **3.** Resources and tools
- **4.** Answers to frequently asked questions







# FIND A QUIET, CALM PLACE TO INJECT

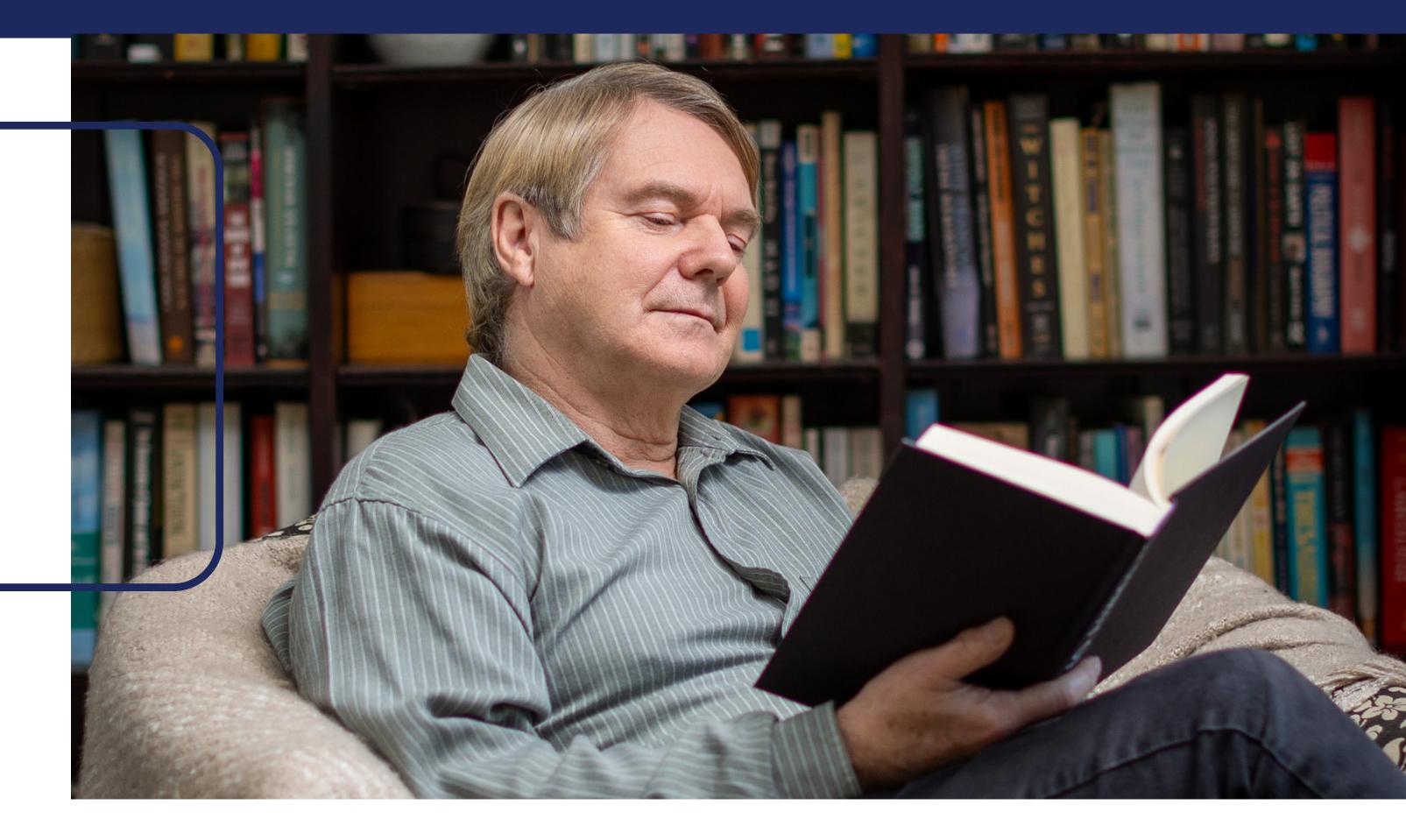
## Start off right and don't rush

Find a quiet and calm place in your home, where pets or other people can't distract or interrupt you.

Consider a room where you can close the door. Sit in a comfortable chair so you feel more relaxed.













Patient Medication Information leaflet prior to starting the injection.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.



FAQ

### IMPORTANT SAFETY INFORMATION

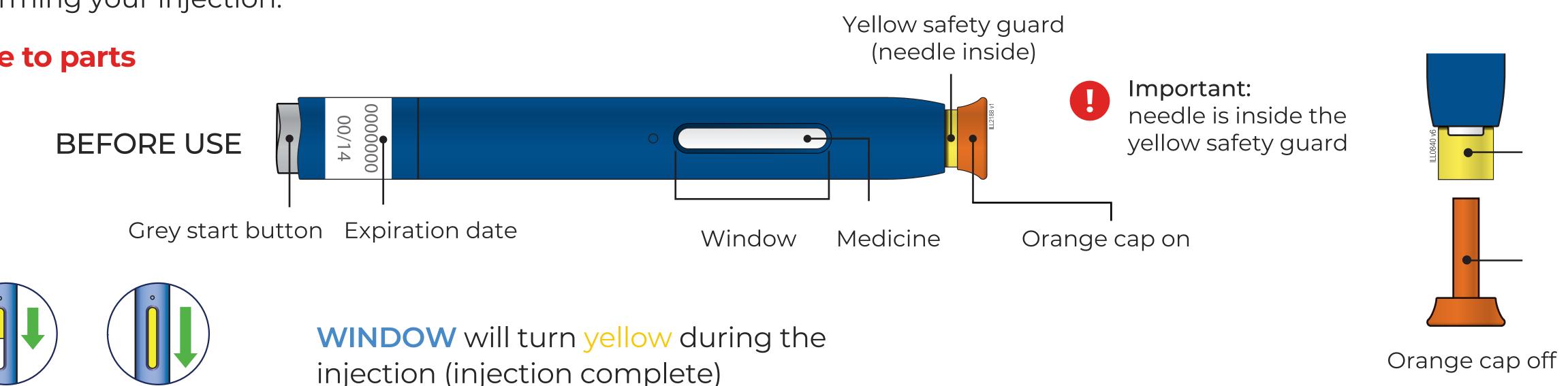


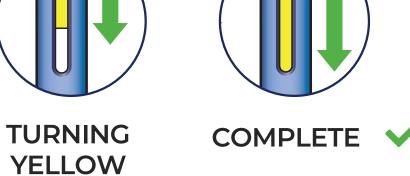
# **GET TO KNOW YOUR SURECLICK AUTOINJECTOR**

## An introduction: Important things to know about your SureClick autoinjector

- SureClick autoinjector is a ready-to-use autoinjector prefilled with your medicine.
- performing your injection.

### **Guide to parts**





Make sure the **MEDICINE** in the window is clear and colourless to slightly yellow

**DO NOT** use the autoinjector if the medicine is cloudy or discoloured or contains large lumps, flakes or particles.

NEED HELP?

You can call the RepathaREADY® Patient Support Program for assistance at I-888-Repatha (I-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

### • Please read the step-by-step instructions in the **Patient Medication Information** leaflet for detailed information prior to

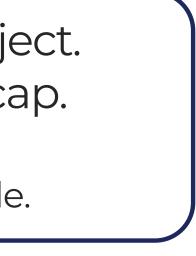
**DO NOT** touch yellow safety guard (needle inside).

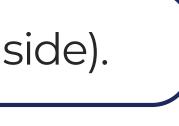
**DO NOT** remove orange cap until ready to inject. Inject within **5 minutes** of removing orange cap.

• If the orange cap is off for more than 5 minutes, this can dry out the medicine and may clog the needle.







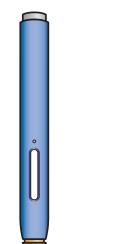






# **PREPARE | READY THE AUTOINJECTOR**

Prepare the autoinjector by bringing it to room temperature naturally



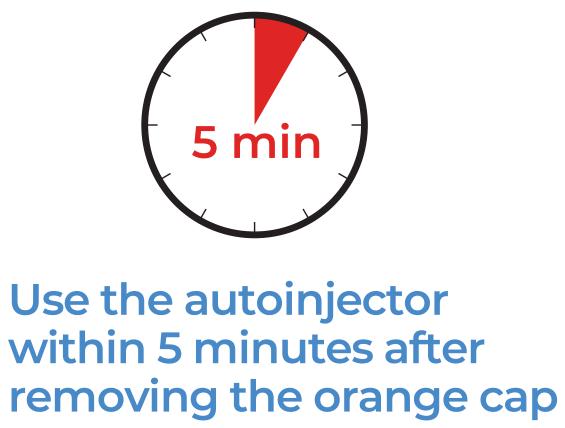
### Take out one autoinjector that you need for the current injection

- Gather supplies: alcohol wipes, cotton ball or gauze pad, adhesive bandage and a sharps disposal container
- Keep the autoinjector and all medicines out of the reach of children.



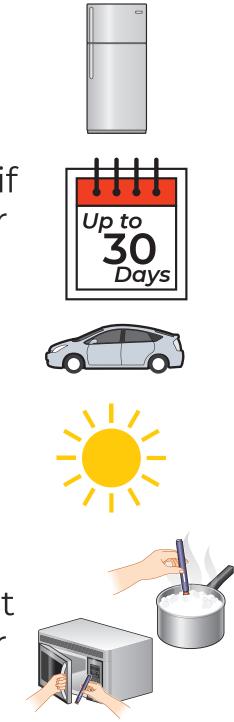
Allow the autoinjector to come to room temperature naturally for at least 30 minutes

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.



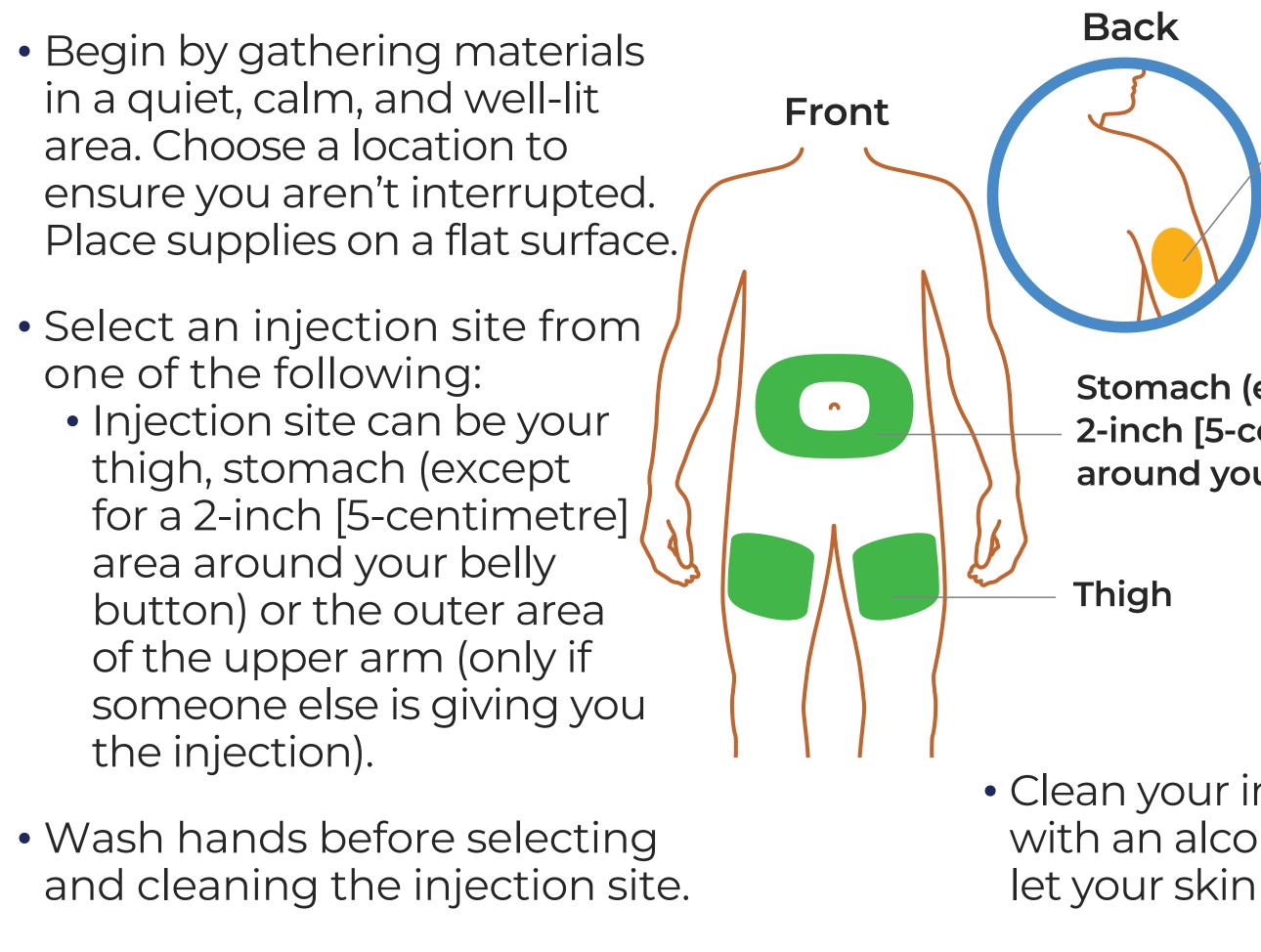
- **DO NOT** remove the cap until you are ready to inject.
- Waiting longer than 5 minutes can dry out the medicine and may clog the needle when you take the injection.

- **DO NOT** shake the autoinjector.
- **DO NOT** put back in refrigerator once at room temperature.
- Discard the autoinjector if left out of the refrigerator after 30 days.
- **DO NOT** leave the autoinjector in the car.
- **DO NOT** leave the autoinjector in direct sunlight.
- **DO NOT** warm or heat the autoinjector by using a heat source such as hot water or microwave.
- **DO NOT** freeze or use the autoinjector if it has been frozen.



# **PREPARE | SELECT AND CLEAN THE INJECTION SITE**

## Select the injection site for you or your caregiver



You can call the RepathaREADY® Patient Support Program for assistance at NEED HELP? **-888-Repatha (1-888-737-2842)**, Monday to Friday, 8:00 am to 8:00 pm EST.

Outer area of upper arm (only if someone else is giving you the injection)

Stomach (except for a 2-inch [5-centimetre] area around your belly button)

• Clean your injection site with an alcohol wipe and let your skin dry on its own.

- **DO NOT** touch this area again before injecting.
- **DO NOT** inject into areas where the skin is tender, bruised, red, or hard.
- Avoid injecting directly into raised, thick, red, or scaly skin patch or lesion, or areas with scars or stretch marks.

## Tips!

- Pinch or stretch the skin to create a firm surface area about 2 inches (5 centimetres) wide.
- Consider an injection site that has a thicker fatty layer.
- Some people keep a diary or notes in their mobile phone to track their injections.



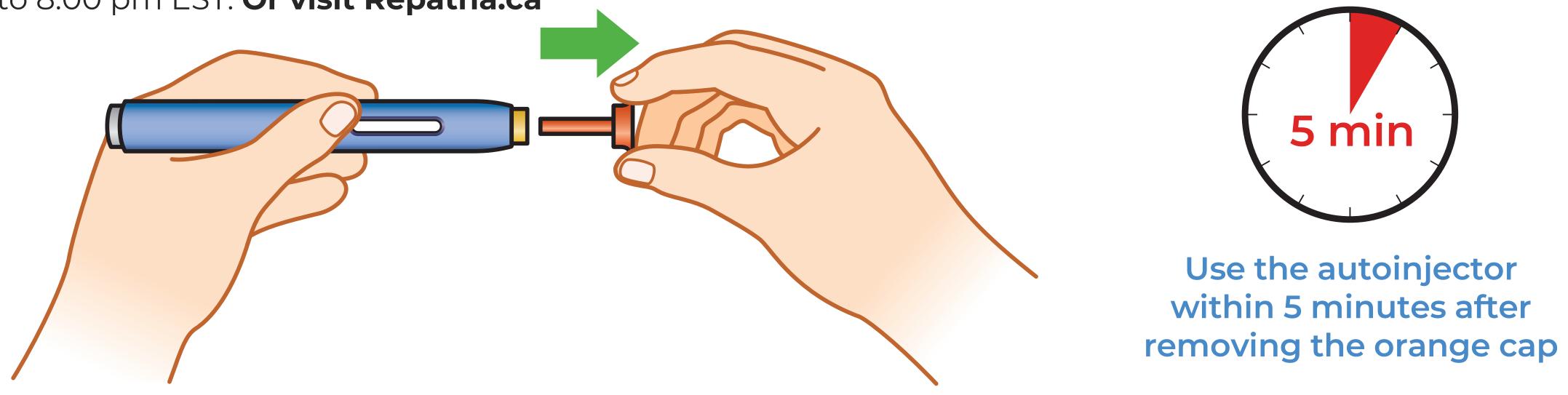




# **GET READY | REMOVE THE CAP FROM THE AUTOINJECTOR**

## Pull the orange cap straight off only when you are ready to inject

If you have questions, seek help by referencing the **Patient Medication Information** leaflet or calling the RepathaREADY® Patient Support Program for assistance at 1-888-Repatha (1-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST. Or visit Repatha.ca



**DO NOT** twist, bend, or wiggle the orange cap. 1. DO NOT take the orange cap off until you are ready to inject, in order to prevent the medicine from drying out. 1 DO NOT put the orange cap back onto the autoinjector once it has been removed. **DO NOT** put fingers into the yellow safety guard.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.

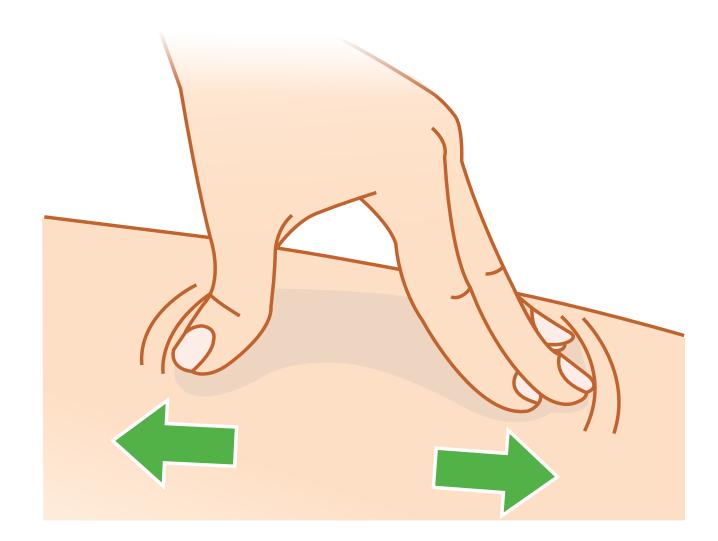






# **GET READY | PINCH OR STRETCH THE SKIN TO CREATE AN AREA ABOUT 2 INCHES (5 CENTIMETRES) WIDE**

## **STRETCH METHOD 2 inches (5 cm)**

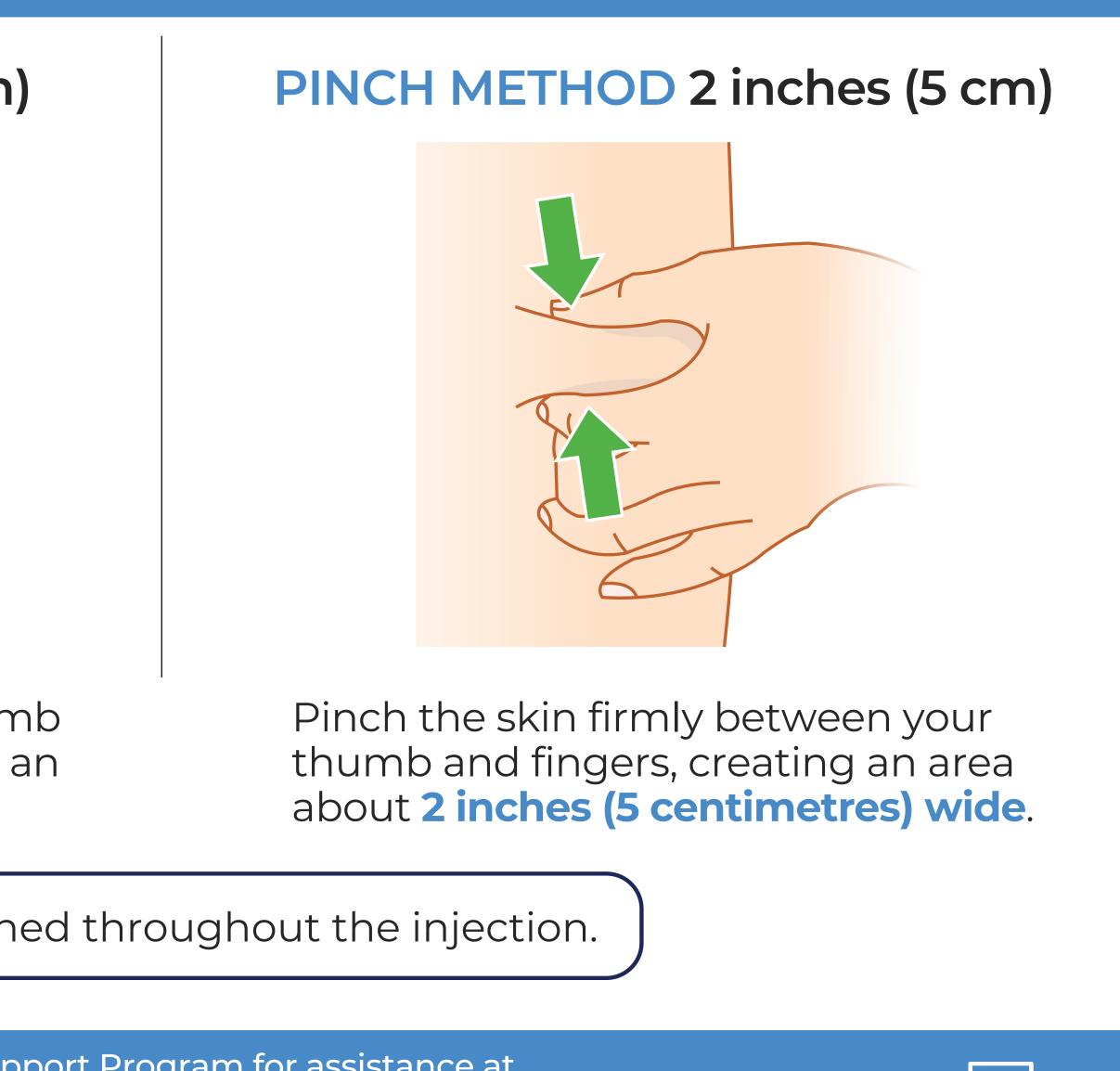


Stretch the skin firmly by moving your thumb and fingers in opposite directions, creating an area about 2 inches (5 centimetres) wide.

1 It is important to keep skin stretched or pinched throughout the injection.



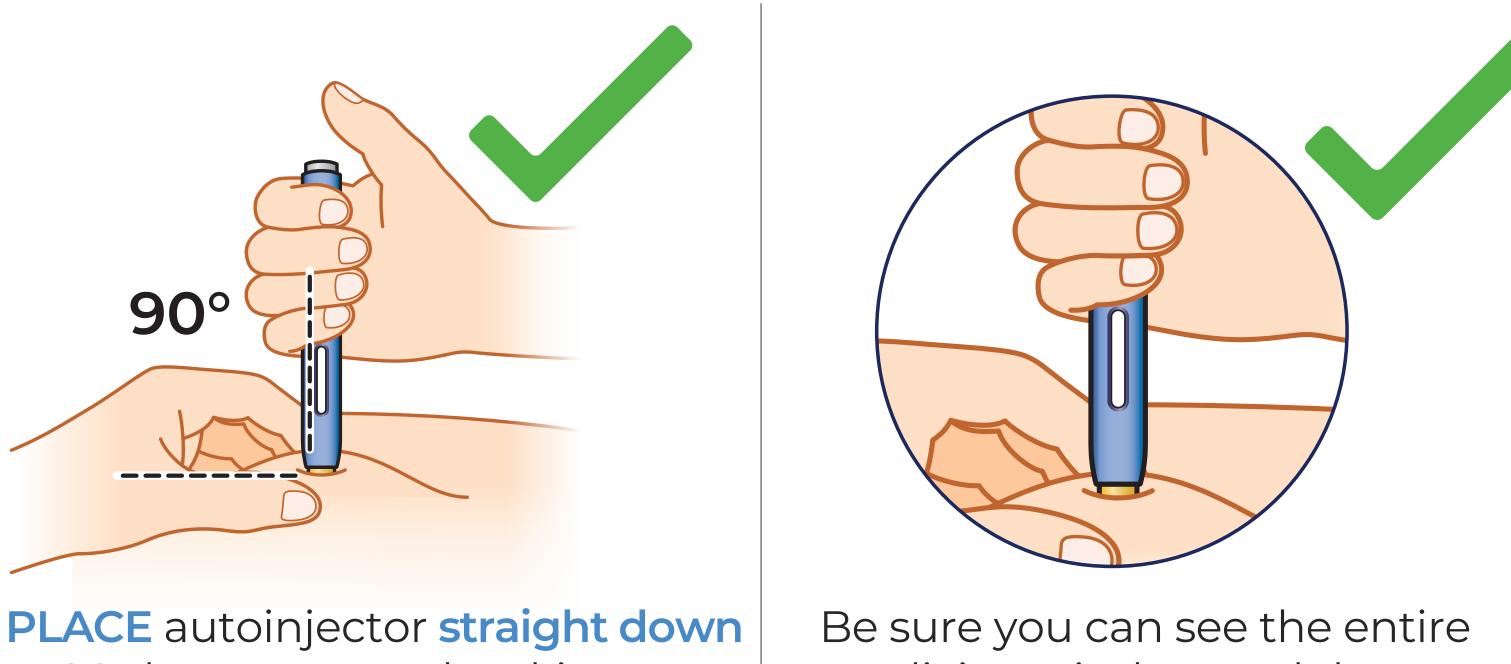
You can call the RepathaREADY<sup>®</sup> Patient Support Program for assistance at **1-888-Repatha (1-888-737-2842)**, Monday to Friday, 8:00 am to 8:00 pm EST.







# **INJECT | PLACE THE SAFETY GUARD ON THE SKIN AT A 90-DEGREE ANGLE**

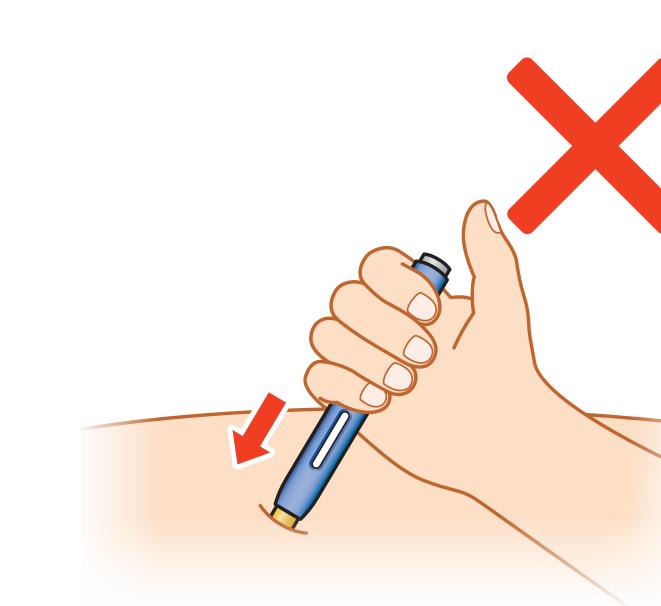


at 90 degrees onto the skin.

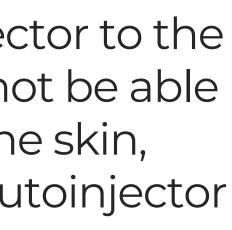
medicine window and that your fingers don't cover the window.

**DO NOT** touch the grey start button yet. **DO NOT** change positions after the injection has begun.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.

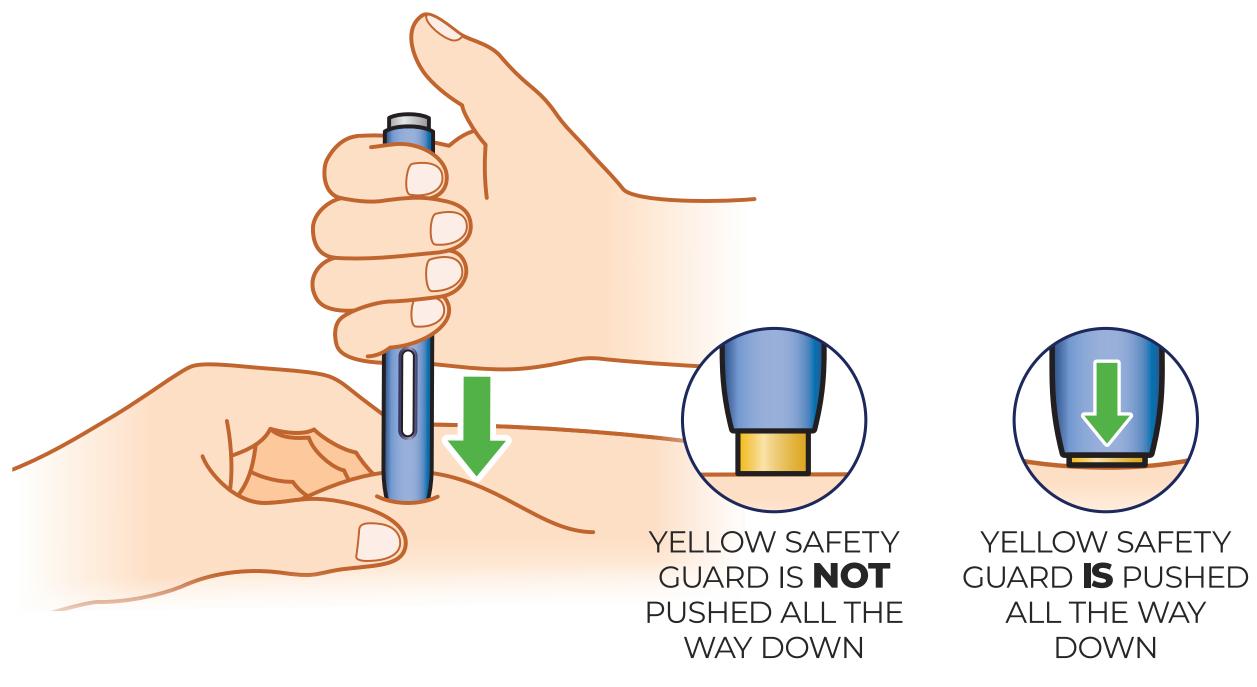


**DO NOT** apply the autoinjector to the skin at an angle. You may not be able to make full contact with the skin, and that can prevent the autoinjector from working properly.



# **INJECT | PUSH AUTOINJECTOR FIRMLY ONTO SKIN AND HOLD**

## 1. To start the injection, PUSH the autoinjector firmly onto the skin until the yellow safety guard is no longer visible



11 The GREY START BUTTON will work only after the yellow safety guard has been pushed all the way down. A Keep pushing straight down throughout the entire injection.

You can call the RepathaREADY<sup>®</sup> Patient Support Program for assistance at NEED HELP? **1-888-Repatha (1-888-737-2842)**, Monday to Friday, 8:00 am to 8:00 pm EST.

**PUSH** straight down and HOLD

- Push the autoinjector onto skin and depress the guard.
- Make sure the yellow safety guard is fully pushed down before the next step.
- HOLD until injection completes.

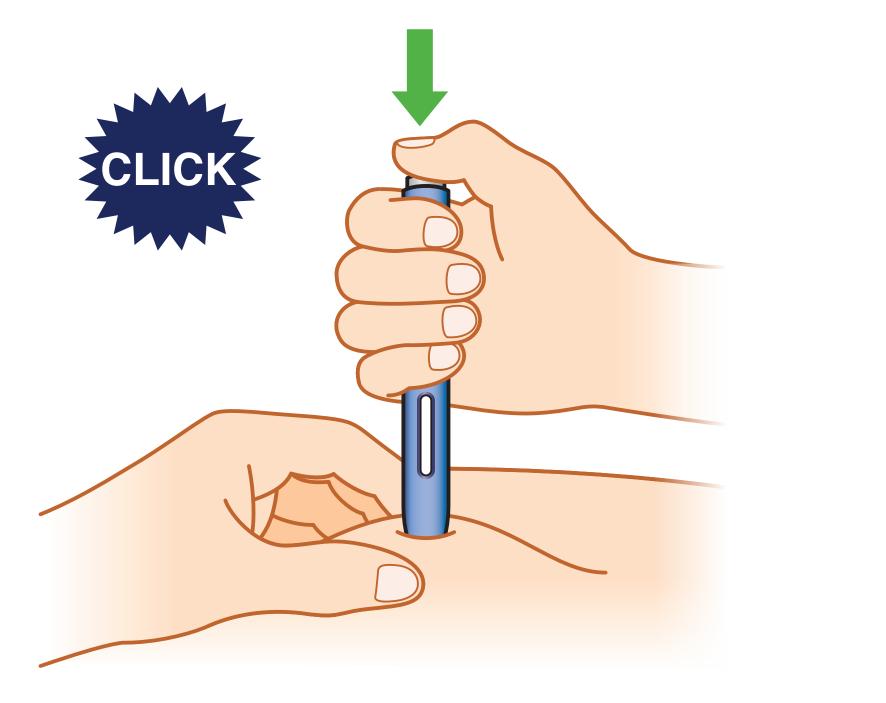






# **INJECT | PRESS GREY START BUTTON TO BEGIN THE INJECTION**

## 2. Next, press the grey start button to start the flow of the medicine



1 If you do not hear a click after pressing the grey start button, and the window is still fully clear, ensure that the safety guard is pushed all the way down first. Then try to press the grey start button again. A These steps need to be completed in this order for a successful injection.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.

**PRESS** grey start button until you hear a click.

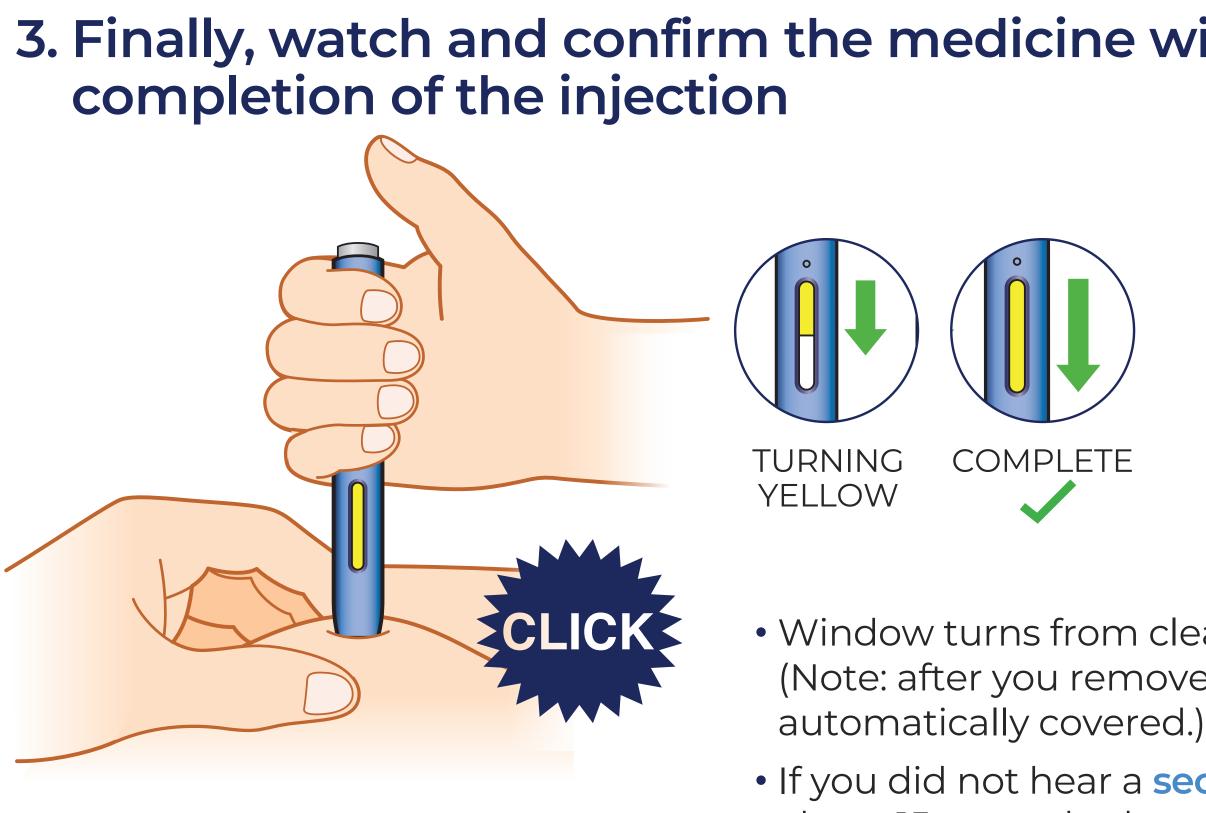
• **KEEP HOLDING** the autoinjector down with the same pressure throughout the injection.

• GREY START BUTTON will work only after the yellow safety guard has been fully pushed down.





# INJECT I WATCH AND CONFIRM MEDICINE WINDOW TURNS YELLOW



 $\star$  CONGRATULATIONS ON REVIEWING THE INJECTION PROCESS! Continue to practice the steps PUSH, PRESS, WATCH AND CONFIRM to help build confidence. Start to make these steps a part of your Repatha® treatment routine, and be sure to contact your care team if you have any questions or concerns.

> You can call the RepathaREADY® Patient Support Program for assistance at I-888-Repatha (I-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

**NEED HELP?** 

## 3. Finally, watch and confirm the medicine window turns yellow to indicate the successful



- Continue holding the autoinjector down on your skin until the medicine window turns fully yellow to ensure all the medicine has been injected.
- It is okay to lift your thumb.
- The injection can take up to 15 seconds to complete.
- Fully yellow means it's DONE!
- Window turns from clear to yellow when the injection is done. You may hear a second click. (Note: after you remove the autoinjector from your skin, the needle will be
- If you did not hear a second click after pushing the autoinjector down on your skin for about 15 seconds, the yellow window still confirms the injection is done.



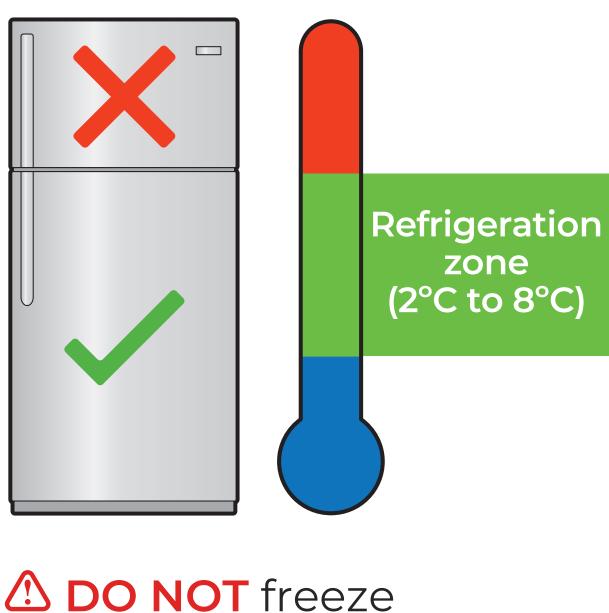






# **STORAGE AND DISPOSAL**





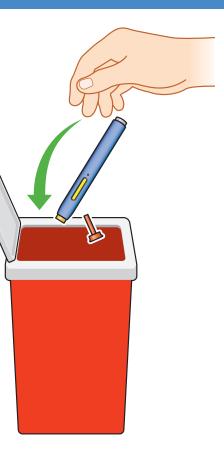
autoinjector.

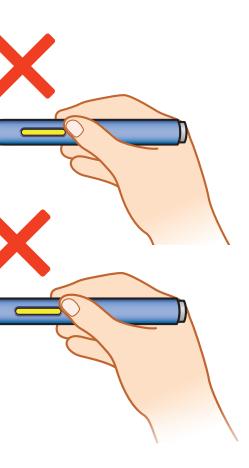
- When you receive the autoinjector, be sure to place it directly into the refrigerator.
- Store the autoinjector in the refrigerator (2° to 8°C) until ready to use.
- Store the autoinjector in original carton to protect from light or physical damage.
- Only remove the autoinjector you plan to use.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.

## **Disposal guidelines:**

- Put the used autoinjector and orange cap in a sharps disposal container right away after use.
- **DO NOT** throw away the autoinjector or orange cap in your household trash.
- **DO NOT** put the orange cap back on.
- **DO NOT** touch the yellow safety guard.





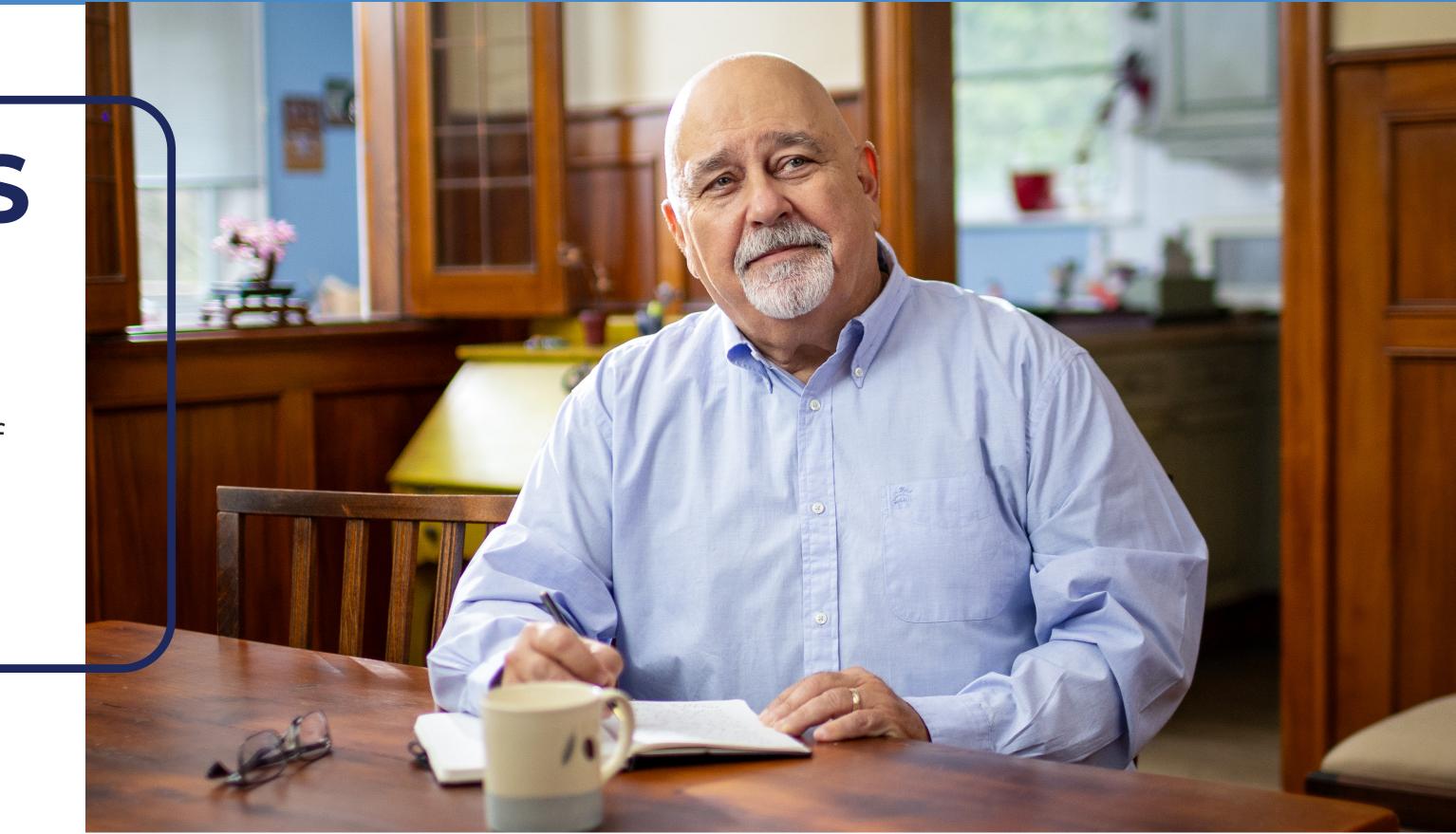


# **CONGRATULATIONS** on reviewing the injection process!

Continue to practice the steps **PUSH**, **PRESS**, **WATCH AND CONFIRM** to help build confidence. Start to make these steps a part of your Repatha<sup>®</sup> treatment routine, and be sure to contact your care team if you have any questions or concerns.



You can call the RepathaREADY<sup>®</sup> Patient Support Program for assistance at **1-888-Repatha (1-888-737-2842)**, Monday to Friday, 8:00 am to 8:00 pm EST.







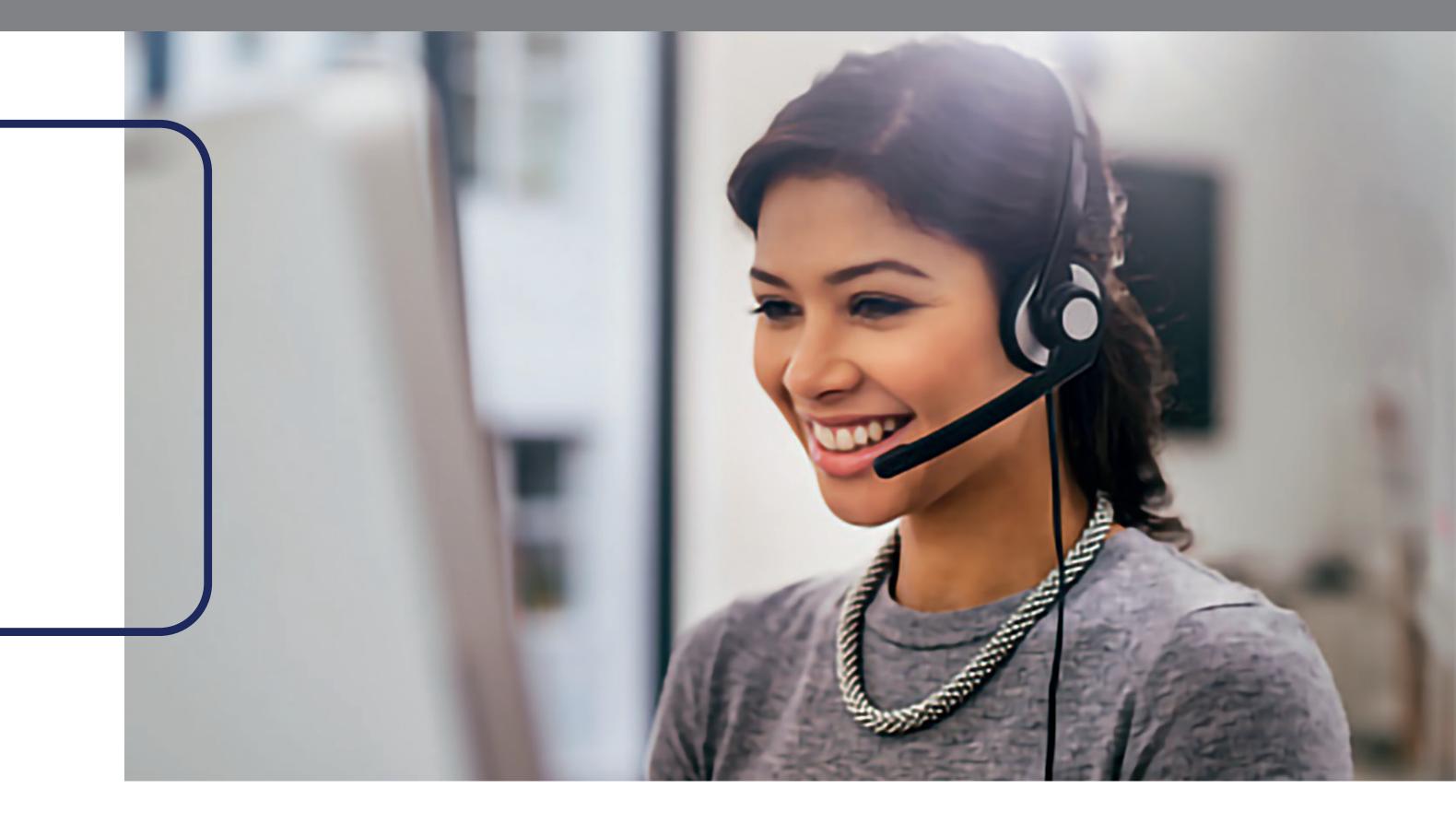
# RESOURCES

In this section, we will discuss a variety of helpful resources available to you that are just a click or phone call away.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.

GETTING **STARTED** 

RESOURCES



FAQ

### IMPORTANT SAFETY INFORMATION



# SURECLICK AUTOINJECTOR PATIENT SUPPORT IS AVAILABLE

## Live support



### **RepathaREADY®** Patient Support Program is ready to help.

Call 1-888-Repatha (1-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

camera over the QR code. The Repatha<sup>®</sup> SureClick autoinjector demonstration video can also be viewed at **Repatha.ca** 

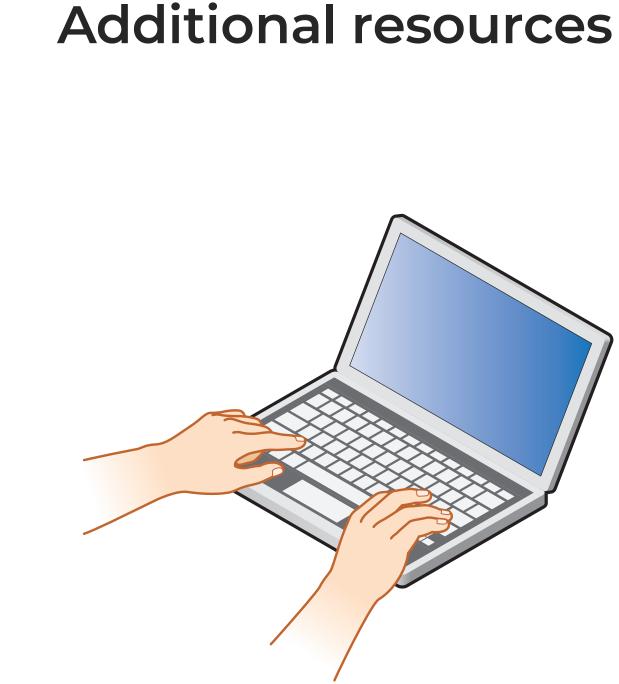


You can call the RepathaREADY<sup>®</sup> Patient Support Program for assistance at I-888-Repatha (I-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

## Repatha<sup>®</sup> SureClick autoinjector demonstration video



Hold your smartphone



### Visit Repatha.ca

To enter, you will need the SureClick autoinjector DIN: 02446057.







### **TEMPERATURE CONTROL** AND STORAGE:

What is the best way to store my SureClick autoinjector? Store in the refrigerator (2°C to 8°C) in its original carton.

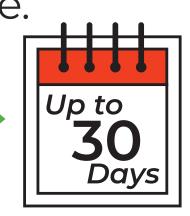
**DO NOT** freeze.

I left my autoinjector outside of the refrigerator. Is this okay? Your autoinjector can be stored at room temperature (up to 25°C) for up to **30 days** in its original carton. Do not return to refrigerator once it is removed from the refrigerator and reaches room temperature.

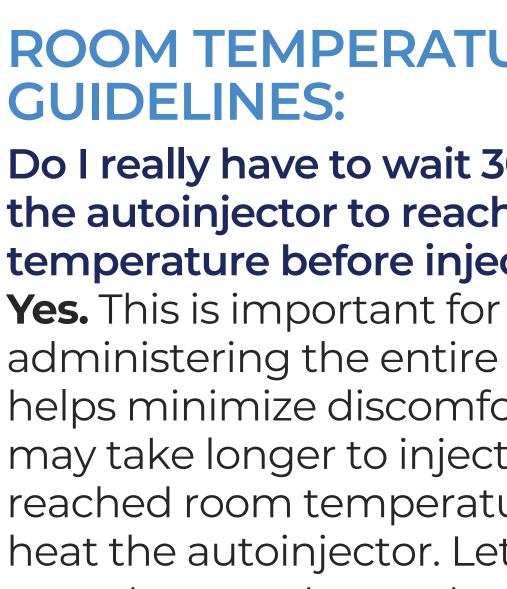
Room temperature: Up to 25°C Up to 30 days

GETTING

**STARTED** 



Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.



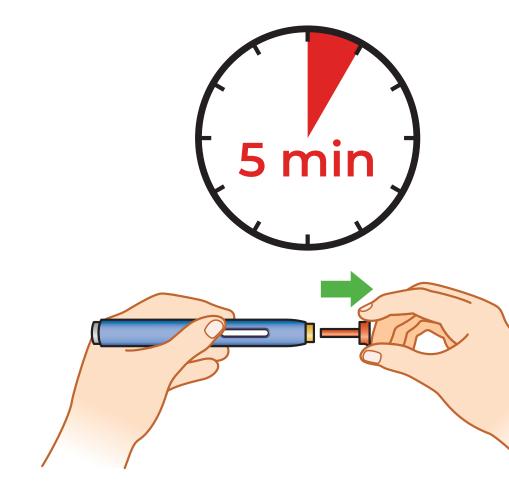
# **ROOM TEMPERATURE**

### Do I really have to wait 30 minutes for the autoinjector to reach room temperature before injecting?

administering the entire dose and helps minimize discomfort. Repatha® may take longer to inject if it has not reached room temperature. Do not heat the autoinjector. Let it come to room temperature naturally.

### Why do I have to use the autoinjector within 5 minutes after I remove the cap?

If you wait longer than 5 minutes, the medicine can dry out and clog the needle, resulting in failure to start the injection.



FAQ







## **INJECTION SITE QUESTIONS:**

Why do I need to stretch or pinch the skin? You need to STRETCH or PINCH the skin to create an area 2 inches (5 centimetres) wide **to maintain** a firm base throughout the entire injection.

Can I move the autoinjector around on my skin? Yes, it's okay to move **BEFORE** you **PUSH** the grey start button.

**DO NOT** relocate the autoinjector AFTER you PUSH the grey START button, as you may not receive the full dose of medicine.

## **START BUTTON QUESTIONS:**

complete.

the injection? The autoinjector will not work and will not dispense medicine, unless the yellow safety guard is pushed all the way down on the skin prior to the grey start button activation.

NEED HELP?

You can call the RepathaREADY® Patient Support Program for assistance at 1-888-Repatha (1-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

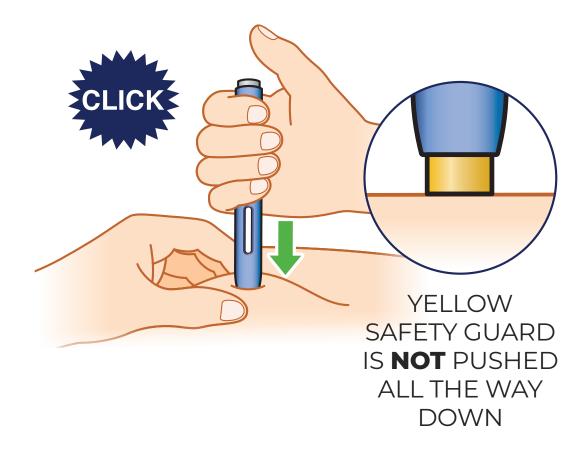
### Do I press and release the grey start button or do I press and hold down the grey start button during the

**injection?** If you need to lift your thumb, it's okay. Avoid lifting the autoinjector until the injection is

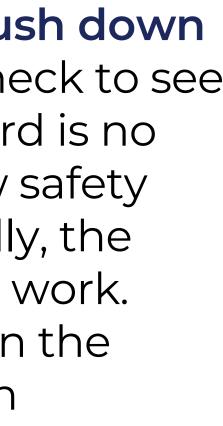
### What will happen if I press the grey start button before I am ready to do

## What if I am unable to push down the grey start button? Check to see

that the yellow safety guard is no longer visible. If the yellow safety guard is not depressed fully, the grey start button may not work. You will hear a **CLICK** when the grey start button has been activated correctly.











# TRAVEL GUIDANCE

## GENERAL TRAVEL GUIDANCE

Yes, you can travel. You don't have to miss any of your treatments. In fact, it's important that you don't miss your injection when travelling.

- Always keep your medicine with you to ensure it is kept within the safe temperature zone and is not broken.
- ∧ **DO NOT** store the autoinjector in extreme heat or cold. For example, avoid storing the autoinjector in your vehicle's glove box or trunk.
- ▲ DO NOT shake the autoinjector.
- **DO NOT** use the autoinjector if it has been dropped on a hard surface. Part of the autoinjector may be broken even if you cannot see the break. Use a new autoinjector, and call 1-888-Repatha (1-888-737-2842).

## **SHORT TRIPS**

- refrigeration.
- the refrigerator.

Important: Keep the autoinjector in the original carton.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.

GETTING **STARTED** 

• The autoinjector can be kept at room temperature (up to 25°C) in the original carton for up to 30 days without

A Remember that once the autoinjector reaches room temperature, you should not put it back in



## LONGER TRIPS

• Reach out to your pharmacist and/or doctor to discuss other options such as filling your prescription at your desired destination.







# TRAVEL GUIDANCE

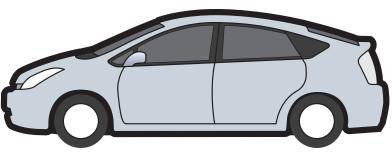
## **CAR AND AIR TRAVEL GUIDANCE**

### Travelling by car:

**DO NOT** leave the autoinjector in your car if exposed to extreme heat, extreme cold, or direct sunlight.

- **DO NOT** store the autoinjector in your vehicle's glove box or trunk.
- Once the autoinjector reaches room temperature,

do not put it back in the refrigerator.



### Travelling by airplane:

Before you travel:

- change.
- may visit.
- Bring a copy of your prescription or a doctor's note to show airport security.

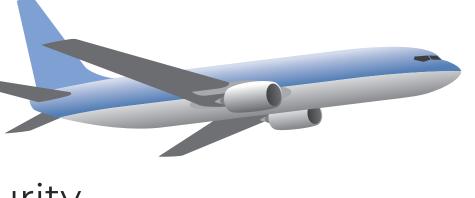
For information on airline travel with Repatha<sup>®</sup>, please refer to: Canadian Air Transport Security Authority (CATSA) www.catsa-acsta.gc.ca/

NEED HELP?

You can call the RepathaREADY<sup>®</sup> Patient Support Program for assistance at I-888-Repatha (I-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

• Contact your airline about the carry-on policy for needles, syringes, or injection devices. Security regulations may

• Research the injection device requirements of other countries you



### **Airport security considerations:**

- Notify security screeners that you are carrying a sharps container.
- Consider requesting a "hand check" of your medicine kit to avoid any delays.
- Be prepared to display, handle, and repack your own medicine and supplies in order to prevent contamination or damage.

• If you can carry-on Repatha<sup>®</sup>, ensure the **prescription (Rx) label** is attached. • If you need extra help or have concerns about airport security, please call 1-888-294-2202. • For flights originating outside of Canada, check with your air carrier or travel agent for any restrictions.









# **IMPORTANT INFORMATION ABOUT REPATHA®**

**Do not use Repatha®** if you have ever had an allergic reaction to Repatha<sup>®</sup> or any of the ingredients in Repatha<sup>®</sup>.

Talk to your healthcare professional if you have allergies, or are allergic or sensitive to rubber or latex, as the needle cap on the SureClick autoinjector contains dry natural rubber.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take Repatha<sup>®</sup>. Talk about any health conditions or problems you may have.

If you use Repatha<sup>®</sup> together with a statin and other cholesterol-lowering medicines, please read the package leaflet of that medicine.

### **Children and adolescents**

The use of Repatha<sup>®</sup> has been studied in children 10 years of age and older being

treated for heterozygous or homozygous familial hypercholesterolemia. The use of Repatha<sup>®</sup> has not been studied in children under 10 years of age or in children with other types of hypercholesterolemia.

### **Other medicines and Repatha®**

Tell your doctor or pharmacist about all the medications you are taking or have recently taken, including medicines obtained without a prescription such as drugs, vitamins, minerals, natural supplements or alternative medicines.

### **Pregnancy and breastfeeding**

Repatha<sup>®</sup> has not been tested in pregnant women. It is not known if Repatha<sup>®</sup> will harm your unborn baby. If you are trying to get pregnant or become pregnant while taking Repatha<sup>®</sup>:

• Inform your doctor.

Please see important safety information on page 23. Refer also to the full Patient Medication Information leaflet, which is provided with your medication.

### GETTING **STARTED**

• If you are also taking a statin along with are taking with Repatha<sup>®</sup>.

Repatha<sup>®</sup>, stop taking Repatha<sup>®</sup> and read the package leaflet of the statin that you It is not known whether Repatha<sup>®</sup> is found in breast milk. It is important to tell your doctor if you are breastfeeding or plan to do so. Your doctor will then help you decide whether to stop breastfeeding, or whether to stop taking Repatha<sup>®</sup>, considering the benefit of breastfeeding to the baby and the benefit of Repatha® to the mother.



FAQ



# WHAT IS REPATHA<sup>®</sup> AND WHAT IS IT USED FOR?

Repatha<sup>®</sup> is a medicine used to lower levels of cholesterol.

### Why have I been prescribed **Repatha®?**

Repatha<sup>®</sup> is used:

- along with diet and in combination with usual therapy, including cholesterol-lowering medications called statins, to reduce the risk of heart attack, stroke and certain heart procedures (to restore blood flow to the heart) in adult patients who have cardiovascular disease by further lowering low-density lipoprotein (LDL) cholesterol.
- along with diet, alone or together with other cholesterol-lowering

therapies, in adults with primary hyperlipidemia (high LDL cholesterol level in your blood) to reduce LDL cholesterol.

You can call the RepathaREADY<sup>®</sup> Patient Support Program for assistance at NEED HELP? 1-888-Repatha (1-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

 along with diet and other cholesterol-lowering therapies, to reduce LDL cholesterol in people 10 years and older who need additional lowering of the high LDL cholesterol in their blood because of a condition that runs in their family (heterozygous familial hypercholesterolemia [HeFH]).

 along with diet and other cholesterol-lowering therapies, to reduce LDL cholesterol in people 10 years and older who need

additional lowering of the high LDL cholesterol in their blood because of a condition that runs in their family (homozygous familial hypercholesterolemia [HoFH]).





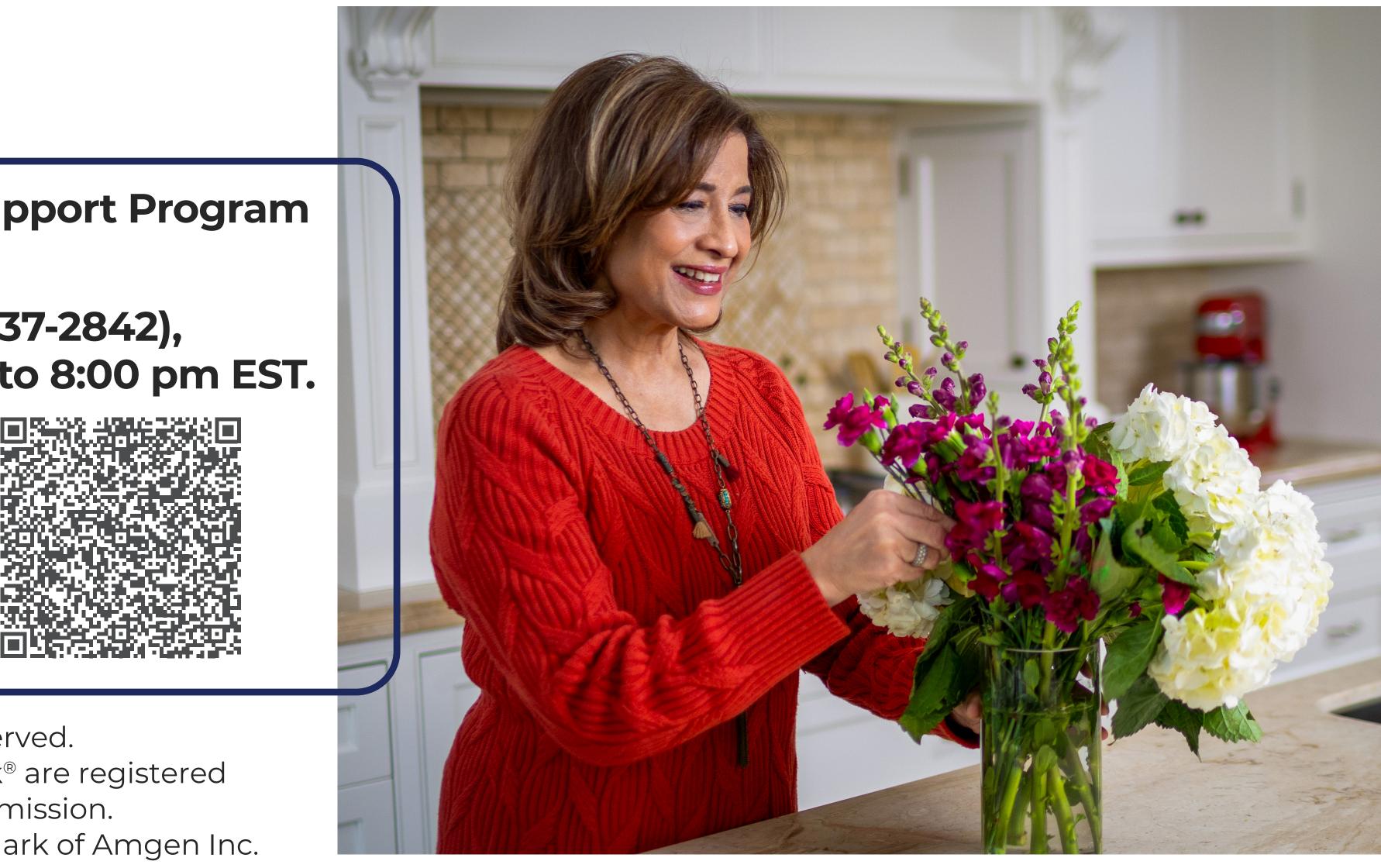




## **RepathaREADY®** Patient Support Program is ready to help.

Call 1-888-Repatha (1-888-737-2842), Monday to Friday, 8:00 am to 8:00 pm EST.

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